



The Families Information Service

The Families Information Service provides free impartial, information and advice to families about childcare and other services that support families. The Families Information Service also offers:

- A Childcare Directory - an online directory of registered childcare within Derby City including, nursery schools, day nurseries, childminders, before and after schools clubs and more derby.gov.uk/childcaredirectory
- Family Service Directory - an online directory that holds information on local and national organisations including events, childcare services, family activities and support groups derby.gov.uk/family-hub/
- Advice on choosing childcare - Families Information Service offers a free helpline to families giving advice on childcare options. If parents are struggling to find childcare, they can contact us to access our brokerage service for further support.
- Childcare funding - Turn over to find out what funding options are available to help with the cost of childcare.

Get in touch 01332 640758

Email FIS@derby.gov.uk

Facebook [DerbyFIS](https://www.facebook.com/DerbyFIS)

Activity Guide for Locality 3 and 4 Children's Centres

April—July 2022

Austin/Sunnyhill Children's Centre
Becket Children's Centre
Rosehill Children's Centre

To support Children's Centre resources, a £1 donation per family for each activity would be appreciated.

Activity bookings can be made from 9:30 on the stated days in the guide.

Locality 3 and 4 Children's Centres

Locality 3 and 4

If you live in the following areas you are part of the Locality 3 and 4 Children's Centres: Rosehill, Austin /Sunnyhill and Becket

Becket Children's Centre

35 Stockbrook Street, Derby, DE22 3WR

Tel: 01332 640250

Email: becket.childrenscentre@derby.gov.uk

Current opening hours: Monday-Friday 9am-5pm

Rosehill Children's Centre

17-19 Lower Dale Road, Derby DE23 6WY

Tel 01332 641315

Current opening hours: Monday to Friday 9am –5pm

Austin/Sunnyhill Children's Centre

Browning Street, Derby DE23 8DN

Tel: 01332 640090

Current opening hours: Monday to Wednesday 9am-5pm

Useful Numbers

101 Police, non emergency

999 Emergency; Police, Fire, Ambulance

111 NHS

119 coronavirus symptoms / book test

Covid Support

The Derby Community Hub is here to coordinate help and support for people who need it. Through the hub they can assist anyone in the Community who is vulnerable, self isolating, or needs support.

Please call Derby Direct on 01332 640000 or email

covidsupport@communityactionderby.gov.uk



You are welcome to breastfeed in this centre



HM Government



HELP PAYING FOR CHILDCARE

Childcare
Choices



MONEY TOWARDS CHILDCARE

Any **one** of the following schemes...

Age
0-11
Or 16 if disabled

Get up to
£2000 per child
For working families

TAX-FREE CHILDCARE

Age
0-15

Claim back up
to **85%** of costs
For working families

UNIVERSAL CREDIT

Age
0-15
Or 16 if disabled

Claim back up
to **70%** of costs
For working families

TAX CREDITS



AVAILABLE IN UK

... **can** be used with

FREE HOURS OF CHILDCARE

Age
2

For families getting
**certain government
support**

15 HOURS FREE CHILDCARE

Age
3&4

For **all** families

15 HOURS FREE CHILDCARE

Age
3&4

For **working** families

30 HOURS FREE CHILDCARE



AVAILABLE IN ENGLAND

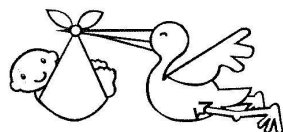
For offers in Wales, Scotland and Northern Ireland check childcarechoices.gov.uk

Speak to your provider about any additional charges that may apply

For full details visit

childcarechoices.gov.uk

Getting childcare vouchers?
Go to GOV.UK to find out more



Warm Welcome

Are you worried about your energy bills and keeping warm?

Speak to National Energy Action about how to keep your family warm and healthy:

- Get extra help from your fuel supplier
- Find better energy tariffs or payment options
- £140 discount on energy bills (eligibility criteria apply)
- And much more....

Call us on 0800 304 7159 or visit www.nea.org.uk

You can also find us on Facebook



Action for Warm Homes



Austin/Sunnyhill Children's Centre

Browning Street, Derby.
DE23 8DN. 01332 640090



Mondays

1:00-3:00 Child Health Clinic with the Health Team

If you would like to attend please contact the Austin Health Team on 0300 1234586 option 3.

Tuesdays

10:00-11:30 Baby Grow

Booking only—

A stay and play session for families with children under 12 months. A chance for new parents to get together in a friendly and safe environment.

1:30—3:00 Stay and Play

Booking only

A weekly stay and play session for parents/carers and children to develop your child's learning and social skills.

Both groups—please contact Becket Children's Centre reception on 01332 640250 to book a place from 9:30am Wednesday for the following weeks session.

Wednesdays

10:00– 11:30 PEEP

Peep is a group which supports parents to feel more confident and make the most of their child's learning opportunities—Recognising that you are your child's first educator. You can keep a memory folder with photos and hand-outs and this can be sent to gain a nationally recognised qualification at Entry level, Level 1 or 2 which you can use to gain access to learning opportunities and courses in the future. All Peep groups run during term time only. Contact a reception for more information or complete an expression of interest on reception.

1:30— 2:30 Wellcomm to Words

A 7 week programme for children aged 2 years with an identified speech, language and communication delay. This is a fun stimulating play based group to support Children's language needs. Contact Lauren for more information on 01332 641315.



Becket Children's Centre
35 Stockbrook Street Derby.
DE22 3WR. 01332 640250



Mondays

10:00-11:30 Stay and Play

Booking only

Please contact Becket reception on 01332 640250 to book a place from 9:30am Wednesday onwards for the following weeks session. A weekly stay and play session for parents/carers and children to develop your child's learning and social skills.

Tuesdays

9:30-10:30 and 11:00-12:00 Early Support Group

6 week programme to support families with children aged 2—4 years who are currently on the waiting list or awaiting referral to the Community Paediatrician for Social Communication Difficulties.

Gain information on how to support your child's communication and what support there is available locally.

Contact Becket Children's Centre on 01332 640250 for more Information

9:30 - 11:30 Child-minder's Group

Child-minding network group. A stay and play for child-minders only. A good network to share good practice.

1:00—1:45 and 2:00—2:45 Wellcomm to Words

A 7 week programme for children aged 2 years with an identified speech, language and communication delay. This is a fun stimulating play based group to support Children's language needs. Contact Lauren for more information on 01332 641315.

1:00 –3:00 Monthly ASD Group 0-8 years old

Dates: 19 April, 17 May, 21 June, 19 July and 16 August

A parent ASD support service delivered by Children's Centre Autism Champions for parents/carers of children with Autistic Spectrum Disorders.

Contact Becket Children Centre on 01332 640250 book your place. You can request either a face to face group session or a virtual phone call.



You are welcome to breastfeed in this centre

City-wide Groups & Useful Numbers



Derby Signing Families

This group aims to provide deaf parents and carers with children under 5 (both hearing and deaf) access to a safe and welcoming environment. Parents and children have the opportunity to meet new friends, share experiences and provide mutual support. A Health Visitor comes monthly to the group with a sign language interpreter to provide a Child Health Clinic. This group is available to anyone in the Derby City area.

Please text 07812 301430 for more information.

Useful Numbers

101 Police, non emergency

999 Emergency; Police, Fire, Ambulance

111 NHS, non emergency

01332 786968 Social Care Careline

01332 256483 Housing Options, for advice on housing matters

01332 642020 Environmental Health

01332 643395 Derby Advice, advice around benefits, money, debt etc,

0345 6000723 Universal Credit helpline.

01332 643900 Connections, advice for young adults

01332 242525 Women's Work, support around domestic violence

01332 341633 Derby Women's Centre

0300 790 0265 Drug and Alcohol Service

01332 641254 Livewell, support to stop Smoking

01332 347497 Refugee & Asylum Advice Centre

01332 525423 Red Cross, refugee support and advice.



Virtual Targeted Groups

Targeted groups have been developed and created for families that may need additional support. These groups have referral forms, but often families can self-refer. If you are interested in any of the courses below, please contact your local children's centre.

Early Support Group (for children aged 2—4 years or 5 - 8 Years)

6 week programme to support families with children aged 2—4 years or 5 - 8 years who are currently on the waiting list or awaiting referral to the Community Paediatrician for Social Communication Difficulties. Gain information on how to support your child's communication and what support there is available locally.

A support package has been put together to offer access to a series of videos and access to a named practitioner for 1-1 telephone support.

Contact Becket Children's Centre on 01332 640250 for more Information.

Let's Talk at Home (for children aged 2 - 5 years)

Let's Talk at Home is a programme for parents of children with concerns about their child's speech, language and communication development. Learn more about what communication is and the importance of interaction, play and language. Let's Talk at Home is a Virtual programme of 4 video links, information pack and practitioner support.

Contact Becket Children's Centre on 01332 640250 for more Information.

Understanding Your Child's Behaviour

A 6 week virtual programme that consists of 6 videos along with follow up phone calls, looking at how you can support your child's behaviour using a range of techniques such as play, coaching, rewards and consequences.

Contact Becket Children's Centre on 01332 640250 for more Information.

Becket Children's Centre

35 Stockbrook Street, Derby.
DE22 3WYR 01332 640250



Wednesdays

10:00-11:30 Baby Grow

Booking only

A stay and play session for families with children under 12 months. A chance for new parents to get together in a friendly and safe environment.

Contact Becket reception on 01332 640250 to book a place from 9:30am Thursday onwards for the following weeks session.

1:30– 3:00 PEEP

Peep is a group which supports parents to feel more confident and make the most of their child's learning opportunities—Recognising that you are your child's first educator. You can keep a memory folder with photos and hand-outs and this can be sent to gain a nationally recognised qualification at Entry level, Level 1 or 2 which you can use to gain access to learning opportunities and courses in the future. All Peep groups run during term time only. Contact a reception for more information or complete an expression of interest on reception.

Thursdays

10:00-11:30 Stay and Play

Booking only

Please contact Becket reception on 01332 640250 to book a place from 9:30am Friday onwards for the following weeks session.

A weekly stay and play session for parents/carers and children to develop your child's learning and social skills.

1:30—3:00 Child Health Clinic with the Health Team

If you would like to attend please contact the Abbey Health Team on 0300 1234586 option 3.

Fridays

11:00-12:00 Breastfeeding Club with the Infant Feeding Team

If you would like to attend please book your place by contacting the Infant Feeding Team on 0300 1234586 option 3.



You are welcome to breastfeed in this centre



Mondays

10:00—11:30 New Arrivals Stay and Play

Stay and play group for children from birth up to 3 years and their parents/carers who are new to UK. For more information and to book a place please contact Burnice on 01332 641315.

1:30-3:00 Antenatal PEEP at Fairedene Court, Lower Dale Road, DE23 6XE Referral Only*

A 6 week programme to support the emotional transition into parenthood – explore what we can do to give our babies the best possible start and find out about local support services.

Contact Dee or Michelle on 01332 641315 for more information.

1:30 –3:00 Stay and Play at Arboretum Park, Rosehill Street DE23 8FZ Booking only.

A stay and play group for parents/carers and their children under 5 with activities designed to stimulate and develop learning through play.

Contact Rosehill reception on 01332 641315 to book a place from 9:30am Tuesday for the following weeks session.

Tuesdays

10:00—11.30 Baby Grow

A stay and play session for expectant mums and parents with children under 12 months. A chance for new parents to get together in a friendly and safe environment.

Please contact Rosehill reception on 01332 641315 to book a place from 9.30am Wednesday for the following weeks session.

12:30—2:30 Family Fun with English with Family Learning. Referral Only*

Introduction to English for those with basic English skills. Covers the basics—in preparation for next steps. Contact Rosehill reception on 01332 641315 for more information.



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Wednesdays

9:30 - 10:30 Wellcomm to Words

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1:30-3:00 Baby Grow

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Thursdays

1:30—3:00 Stay and Play at Arboretum Park Rosehill Street, DE23 8FZ Booking only

A stay and play group for parents/carers and their children under 5 with activities designed to stimulate and develop learning of children under 5 through play.

Contact Rosehill reception on 01332 641315 to book a place from 9:30am Tuesday for that weeks session.

Fridays

10:30-12:00 Child Health Clinic with the Health Team

If you would like to attend please contact the Rosehill Health Team on 0300 1234586 option 3