

GLUTEN FREE: Winter 2024 - MENU

Weeks beginning 4th November, 25th November, 16th December, 20th January, 10th February

Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Option A	(GF) Fish Finger	Chicken Stew	(GF) Homemade chicken curry	Jacket Potato: Tuna	(GF) Pizza
	Side	(GF) Hash Brown / Peas	(GF) Bread	Rice	Baked Beans	Chips

Weeks beginning 11th November, 2nd December, 6th January, 27th January

Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Option A	(GF) Fish Fingers	Jacket Potato: Tuna	(GF) Roast Chicken	Savoury Chicken Pie	Fish
	Side	Mini waffles, peas	Baked Beans	(GF) Carrots, Creamed Potato, Gravy	Mixed Vegetables	Seasoning Chips, mushy peas

Weeks beginning 18th November, 9th December, 13th January, 3rd February

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Option A	Veg Chilli Con Carne	(GF) Chicken Pasta	(GF) Fish Fingers	Lamb Meat ball	Seasoned Chicken Strips
	Side	Rice	Diced Herbi potato, Broccoli	Hash Brown, peas	(GF) Bread, carrots	(GF) Bread. Chips, sweetcorn